



Liza Sichon

Executive Coach, Speaker, HR Consultant

Expatriate Coach

<http://www.executivehrcoach.com>

Partner to Executives and their teams enabling them to contribute to their company's top and bottom line, advance their careers and live fulfilling lives.

Liza is an experienced executive coach, notable speaker, and global HR consultant with over twenty years of corporate experience working for large, multi-national firms. Originally from the Philippines, and now based in Silicon Valley, California, Liza held global HR positions across the Americas, EMEA, Asia Pacific and Latin America.

Most recently, Liza served as the Vice President HR Transformation, Communications and Operations for Hewlett Packard's global HR function, serving 2,400 HR professionals. Prior to this, Liza worked for Avaya as the Vice President HR International & Mergers and Acquisitions for various profit centers in Americas, Europe, Asia Pacific and Latin America. In this role, she was responsible for HR strategy and global operations for over 30 countries outside the US. Liza also held HR leadership roles at Corning Life Sciences in New Jersey, Citibank in New York, and Anscor Corporation in the Philippines.

Liza is known for her broad business orientation and deep working knowledge of global leadership. She has extensive coaching experience and is an expert on talent management and career navigation. Additionally, her career included extensive speaking engagements to diverse global audiences as well as notable universities such as the Harvard MBA Women's Conference. She is a sought after motivational speaker sharing her insights in the areas of career success for women, the benefits of executive coaching, HR transformation, and developing global talent

Liza's career and life accomplishments have provided a rich and diverse landscape of experiences. She now seeks to help others find success and fulfillment by pursuing her own Coaching and Speaking practice serving global communities.

Liza has a B.S. in Psychology from the University of the Philippines and an M.A. in Organizational Psychology from Columbia University, NY. She is a Certified Professional Coach, a Professional Member of the National Speakers Association and serves as Board Member on the ICF San Francisco Bay Area Coaches.

Liza and her husband Danny have been married for over thirty years and raised three children while relocating seventeen times across three continents. They have finally settled in their happy home in Silicon Valley, CA. Contact Liza at liza@executivehrcoach.com